# STRATHMORE SCHOOL 2019



### TABLE OF CONTENT

- The History of
- The Two Pillars
- Parents as Prima
- Strathmore School
- Academic Excell
- Continuous Ass
- Robust Co-curr
- Clubs and Socie
- A Well-Structur
- Guidance and C
- Freedom with R
- Living Charity th
- School Uniform
- Financial Aid
- Miscellaneous In
- Important Dates
- Bus Routes

Strathmore at a Glance	4
of Strathmore Educational Philosophy	5
ary Educators	6
ool's Commitment to an All-Round Education	7
lence	8
sessment (CAT) System	9
icular Training	10
ties	12
red Spiritual and Character Formation	14
Counselling	15
Responsibility	16
hrough Philanthropy and Community Service	17
2019	18
	20
nformation	21
S	27
	23



### THE HISTORY OF STRATHMORE AT A GLANCE

**1961:** Strathmore opens its doors to the first group of 57 Form 5 students drawn from all races. 1966: Accountancy classes are introduced. The first class had 24 students and 3 teachers. **1977:** The first group of 24 O-level students is admitted to Form 1. **1987:** The Primary Section starts with 45 students admitted to Standard I. **1993:** The School of Accountancy relocates from Lavington to Madaraka Campus; Lavington Campus is renamed Strathmore School.

# THE TWO PILLARS OF<br/>STRATHMORE EDUCATIONAL<br/>STRATHMORE EDUCATIONAL<br/>DULL GROPHINI. Parents as Primary Educators<br/>2. Commitment to an All-Round Education PHILOSOPHY





### <u>PARENTS AS</u> <u>PRIMARY EDUCATORS</u>

Strathmore School strongly believes in the **irreplaceable** role of parents in the education of their children. Driven by the fact that parents are the first educators of their children, the school has over the years developed a system that facilitates active participation of parents in the education of their children:

- Regular meetings between parents and teachers
- Friendly relationships between parents and the their sons' tutors (mentors)
- Regular parenting seminars and courses
- Father-son Activities
- Family Sports



### STRATHMORE SCHOOL'S COMMITMENT TO AN ALL-ROUND EDUCATION

Strathmore School aims at offering an education that develops all aspects of the learner's life. Consequently, our curriculum hinges on the following key pillars:

- Academic Excellence
- Robust Co-curricular Training
- Well-Structured Spiritual and Character Formation

### **ACADEMIC EXCELLENCE**

- Strathmore prepares students for K.C.P.E. and K.C.S.E. examinations of the Kenya 8.4.4. System.
- The school has regularly ranked among the top ten schools in the country in K.C.S.E. examinations.
- Over 90% of the candidates attain the minimum grade for admission to Kenyan public and private universities.

### 2017 K.C.S.E. RESULTS ANALYSIS

GRADE	Α	A-	B+	В	В-	(+	С	C-	D+	D	D-	E	AVE	NO.
TOTAL	2	15	23	24	9	6	6	2	0	0	0	0	9.170	88

### 2017 K.C.P.E. RESULTS ANALYSIS

AVE	ENGLISH	KISWAHILI	MATH	SCIENCE	SST/CRE	NO.
389.11	90.59	70.89	75.41	71.41	71.85	37



## **CONTINUOUS ASSESSMENT (CAT) SYSTEM**



STRATHMORE SCHOOL | 2019

Strathmore believes that learning is a continuous process. Consequently, continuous evaluation is one of the characteristics of our education process.

- The Academic year is divided into the usual three terms. Each term is further divided into 2 to give 6 Continuous Assessment Testing (CAT) periods.
- In each CAT, the students take course work and end of CAT exams for which a report form is issued.
- Each of the 5 first CATs contribute 10% of the student's overall mark, while the Final CAT, which tests the whole year's work, accounts for 50% of the student's overall mark.

### **ROBUST CO-CURRICULAR TRAINING**

Co-curricular activities are an important aspect of a young person's life. Strathmore invests a lot of time, energy and resources in ensuring that its pupils and students actively participate in sports and club activities.

### Weekly Sports Schedule

- Lower primary: 4 sports lessons and
- 4 swimming lessons
- Upper primary: 2 sports lessons and 2 swimming lessons
- Lower secondary: 4 sports lessons
- Upper secondary: 2 sports lessons

Students are trained in various sports offered in the school. Some of the students are called to the various school teams that compete in both the Kenyan public schools leagues as well as in



the Kenya Association of Independent International Schools Sports Organisation (KAIISSO) league. To create a good balance, academic performace is linked to school team membership.

The main sports offered at Strathmore:

- Football
  Version
- Volleyball
  Rugby
- Handball (secondary)

- Athletics
  Swimming
  - IIIIIIg
- Basketball





### <u>CLUBS</u> & <u>Societies</u>

Each student (Standard 1 - 7 and Form 1 - Form 3) must belong to at least one Club from among the following:

#### **Primary Section**

#### Secondary Section

- Piano
- Guitar
- Violin
- Music
- Tae-kwon-do
- Junior Rangers (Standard 4 & 5)
- Roller blading
- Swimming
- Chess
- Art and Craft
- English Club

DebatePrint Media

Research

- Electronic Media
- Science
- Chess
- Piano
- Violin
- Choir
- Rugby Club
- French Club





### A WELL-STRUCTURED SPIRITUAL AND CHARACTER FORMATION

Spiritual and Character formation are indispensable ingredients of a good Christian education. The school takes care of this aspect through a robust Chaplaincy and an effective Tutorial (Guidance and Counselling) System.

**Chaplaincy Activities** (open to parents, teachers and students)

- Daily Mass every school day from 11:50am 12.30pm.
- Daily confessions 6:30am to 7:15am; 11:50am to 12:30pm; 1:00pm to 2:00pm.
- Benediction with the Blessed Sacrament every Thursday at 7:00am.



- The Stations of the Cross every Friday of Lent.
- Chaplain's chat with pupils and students (from Standard 3 to Form 4) at least twice a term.
- Preparation for the reception of the Sacraments - First Holy Communion for Standard 3 pupils.
  - Confirmation for Standard 7 pupils and Form 1 students.
  - Baptism for students who need it.
- Retreats for students (Form 2 to Form 4) at Tigoni Study Centre.
- Spiritual direction to parents and teachers who request for it.
- An evening of recollection for Fathers every third Tuesday and every fourth Saturday of the month.

The spiritual guidance at the school is entrusted to **Opus Dei**, a Personal Prelature of the Catholic Church.

### **GUIDANCE AND COUNSELLING**

- Each class has a weekly talk focusing on the various aspects of the students' lives: virtues, sportsmanship, etiquette, relationships, career choice, study skills etc.
- From Standard 5, each boy is assigned a mentor (referred to as Tutor). The role of the tutor includes the following:
  - Speak to the student regularly and be available for counselling whenever the student requires it.
  - Review academic performance with the student after every CAT.
  - Meet with the boy's parents regularly to discuss the boy's progress in academics and character.
  - Guide the boys to discover their talents and potential.

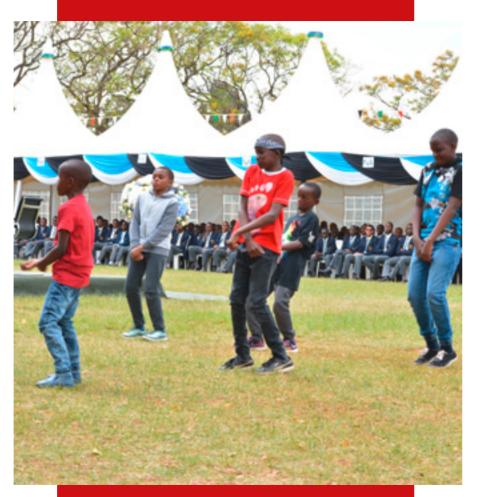


STRATH

### FREEDOM WITH RESPONSIBILITY

Strathmore School does not have prefects. This gives a chance to every student to act freely but responsibly. Students are encouraged to be each other's keepers through the team system.

- The boys in each class elect their own Captains, who in turn, head teams within each class.
- Teams compete in sports, academics, conduct and sportsmanship.
- Team Captains meet regularly with their Class Teacher to discuss ways of improving overall class progress.
- All the boys are given specific class duties by means of which they are expected to contribute to the well-being and smooth running of their class as well as of the whole School.



## LIVING CHARITY THROUGH PHILANTHROPY AND COMMUNITY SERVICE

Students are encouraged to live a spirit of charity and service by volunteering their time, energy and material well-being to the less privileged members of society. The school facilitates this through two main initiatives:

#### **Class Charity Visits**

Every year students from Standard 6 to Form 4 organise charity visits to children homes, homes for the aged, rehabilitation centres, homes for the handicapped etc. They share their time, and carry out activities such as cleaning, painting, sports and games. They also donate material goods such as foodstuff, clothing, books, toys etc.

#### **Community Service**

Form 2 and 3 students participate in community service during the April and August holidays. They work in hospitals, public libraries, children homes and other institutions. This aims at instilling in them a spirit of service and generosity.



## <u>SCHOOL UNIFORM 2018</u> (<u>AVAILABLE IN OUR SCHOOL BOOKSHOP</u>)

The School Uniform consists of the following:

#### Primary

- Mid-grey shorts
- Beige shirt
- School Tie

(available with an elastic band for the lower primary)

- Air Force Blue pullover with wide white neck stripe (with or without sleeves)
- Grey socks with School colour stripes
- Plain Black leather shoes (boots, shoes with decorations, and sports shoes are not allowed)
- School fleece

(this may be worn during cold weather if a student so wishes)

#### Secondary

- Mid-grey trousers
- Beige shirt
- School tie
- Air Force blue with wide white neck stripe pullover (with or without sleeves)
- Navy blue, two-button, single breast blazer with school badge
- Plain grey socks
- Plain black leather shoes (boots, shoes with decorations, and sports shoes are not allowed)





Undershirts or vests must be **plain white** without any design or writing on them and should not stick out of the shirt collar or sleeves.

All items of uniform must be standard in colour and quality, conforming to the model available at School Outfitters, Haria Uniforms (Sarit Centre), Animet (Yaya Centre), Uniform Distributors (Moi Avenue) and the School Bookshop.

#### **Sports Kit**

- Strathmore P.E. T shirt (Should not be purchased until the boy's team is determined)
- Strathmore sports shorts
- Sports shoes
- White or blue sports socks
- School tracksuit
- Strathmore School swimming costume (for Primary pupils) available at the School Bookshop
- Strathmore School sports bag.

All the items above are available at the School Bookshop.

#### Hairstyle

Students are expected to have a **short**, **neat**, **plain** and **orderly** hairstyle which does not call attention.

#### Wrist Watches

From Standard 7, students are allowed to bring simple wrist watches. Smart watches are not allowed.

#### **Other Items**

Students are not allowed to bring ostentatious items e.g. bangles, badges, collar-ribbons, hats, earrings, etc.

## **FINANCIAL AID**

- Applicants who qualify for admission as well as continuing students whose parents are facing financial difficulties are eligible for a bursary award on the basis of their financial needs and family circumstances.
- It is the school's policy that no deserving boy who is academically and otherwise qualified for admission should be prevented from accepting a place because of inability to pay the fees.
- Parents who are in need of a bursary are required to obtain and fill in a bursary application form from the Finance and Administration Manager.

#### **Donating To The Bursary Fund**

- Every year a good number of students apply for bursaries.
- The bursary figure has not always been matched by an equal amount of donations from parents, past students, companies and well-wishers.

- In fact the school has always found herself digging into her coffers and sometimes withholding funds meant for other projects due to the rising need for bursaries.
- In view of this, the school constantly makes an appeal to present and past parents to support the bursary fund by either starting an endowment fund or making a once-off or regular contribution to the Bursary Fund.
- Contributions can be made in the following ways: 1. Write a cheque payable to STRATHMORE SCHOOL.
- 2. Deposit funds to the following account: STRATHMORE SCHOOL ENDOWMENT ACCOUNT BARCLAYS BANK OF KENYA LTD HURLINGHAM BRANCH, NAIROBI.
- 3. Via M-Pesa Pay Bill Number: 488700 Account Number: STRATH BURSARY FUND



- Secondary Section classes begin at 7:15am and end at 3:30pm
- Primary Section classes begin at 7:20am and end at 3:20pm

#### Break

Pupils may bring a snack for their mid-morning break. We encourage them to carry a simple sandwich and not junk food (crisps, pop-corn etc).

#### Toys and Extras

Boys are not allowed to bring toys, magazines, novels, iPods or equipment other than those specified in this guide.



#### Mobile Phones

Boys are not allowed to mobile phones to school whether during weekdays, weekends or holidays. Confiscated phones will be released to their owners at the end of the year.

#### Absence From Classes

Whenever a student does not attend School or P.E. classes he should bring a note from his parents stating the reasons. If he fails to bring a note he will be requested to get one before he is allowed to resume classes.

	<b>IMPORT</b>	ANT DATES IN 2019					
S	TERM 1 -						
STRATHMORE SCHOOL   2019	<u>January</u>						
王	2nd	Teachers Meeting Term I Begins					
IOR	3rd						
ΕS	5th	Form I Orientation					
E	8th	Form I Students Report					
10(	l Oth	Grade I Pupils Report					
—	l 9th	Standard 2 & 4 Parents Course (1)					
20	26th	Grade I Parenting Course (1)					
61		Standard 6 Charity Visit					
	28th - 30th	Form 4 Overnight (Tigoni)					
	February						
	2nd	Standard 2&4 Parents Course (2)					
	4th - 6th	Form 3 Overnight (Tigoni)					
	9th	Grade   Parenting Course (2)					
	9th	Form 4 Charity Visit					
	11th - 13th	CAT I Exams					
	14th - 18th	Mid-Term Holiday					
	23rd	Grade I Parenting Course (3)					
	March						
	lst	Sports Day					
	2nd	Form 3 Parents Course (1)					
	9th	Standard 2 & 4 Parents Course (3)					
		Form 3 Charity Visit					
	l 6th	Grade   Parents Course (4)					
		Standard 8 Parents Seminar					
	23rd	Swimming Gala					
		Form 3 Parenting Course (2)					
	2046	Standard 7 Parenting Seminar					
	30th	Standard 2 & 4 Parents Course (4)					
	<u>April</u>						
	lst — 3rd	CAT 2 Exams					
	3rd	End of Term I					
	15th & 16th	Open Afternoons					

25th & 26th Open Afternoons Aυ 24th - 27th Rangers' Camp 2nd Teachers' Meeting 4th 30th 8th TERM 2 101 <u>May</u> 2nd 121 Term 2 Begins 14 Form 2 Parents Seminar 4th 17t Standard 5 Parents Seminar 24t llth Standard 6 Parents Seminar (1) Form 3 Parents Course (3) Standard 8 Charity Visit 26t 27t 18th First Holy Communion (Standard 3) 25th Standard 2 & 4 Parents Course (5) 3 st Form 2 Charity Visit Talent Show (Primary) 30th \_\_\_\_ Se 31st Talent Show (Secondary) 7th 21 June Strathmore Primary Test (G. J. 2020) 25t 8th 10th - 12th 30th CAT 3 Exams 13th - 14th Mid-Term Holiday \_ <u>0c</u> 22nd Standard 6 Parents Course (2) lst Form 3 Parents Course (4) l2t Standard 7 Charity Visit 8t 29th Mass of St. Josemaria (Holy Family Basilica) 22n 28tl <u>July</u> İst — 3rd Form 2 Overnight at Tigoni (1) 29t Form | Parents Course (1) 6th No Standard 6 Parents Course (3) st 9th Athletics Day 12th Term Break 2nd 15th -19th Form 4 Study Leave 4th 20th Grade | Parents Seminar 6th Form 3 Parents Course (5) 25tl Form 1 Charity Visit 27th 22nd - 2nd Aug Form 4 Trial KCSE Examinations 27th Form I Parents Course (2) 31st - 2nd Aug CAT 4 Exams

ugust d h h & 9th lth lth & 13th lth - 17th lth ERM 3	End of Term 2 Form I Parents Course (3) Open Afternoons Strathmore Entrance Test (1) Open Afternoons Rangers' Camp Strathmore Entrance Test (2) Auxiliary Staff and their Families' Mass
5th	Teachers' Meeting
/th st	Term 3 Begins Form 4 Parents Seminar
31	Grade 2 Parents Seminar
<u>eptember</u>	
h	Mass Servers' Seminar
st	Prize Giving Day
oth - 27th	CAT 5 Exams
)th	Mid-Term Holiday
ctober	
t	Mid-Term Holiday
th	Form 4 Career Day
Bth	Form 4 Last Day
2nd - 25th	Final Exams
Bth	KCPE Rehearsal
)th - 31st	KCPE Examinations
ovember	
t	Transfer Exams
	Strathmore Entrance Test (3)
nd	Strathmore Entrance Test (4)
h	KCSE Begins
h	Grade I (2020) Parents' Meeting
oth	Supplementary Exams
th	KCSE Ends

## **BUS ROUTES 2018**

#### LANGATA Morning

5:30am - Bomas 5:40am - St. Marv's 5:50am - PCFA 5:55am - Uhuru Gardens / Dam Estate 6:05am - AP Camp 6:15am - DOD 6:20am - Nyangumi Road 6:25am - Dennis Pritt Road 6:30am - Vijay Roundabout 6:45am - School

#### Evening

3:40pm - Vijay Roundabout 3:45pm - Dennis Pritt Road 3:50pm - Nyangumi Road 3:55pm - DOD 4:05pm - Ngumo 4:10pm - AP Camp 4:15pm - T-Mall 4:20pm - Dam Estate 4:30pm - PCEA 4:35pm - St. Mary's Hospital 4:45pm - Bomas

#### 5:45am - Golden Gate 5:50am - Airtel 5:55am - Red Cross 5:58am - Bellevue Primary 6:00am - 5 Star 6:02am - KEWI 6:05am - Madaraka 6:08am - Mbagathi Way 6:12am - Ngong Road 6:18am - Adams Arcade 6:25am - Kenya Science Teachers College 6:30am - Oledume Road 6:35am - Valley Arcade 6:40am - Stage II 6:50am - School

#### Evening

SOUTH B/C

5:40am - South B Total

Morning

3:40pm - School 3:50pm - Stage II 3:55pm - Korosho Road 4:00pm - Oledume Road 4:05pm - Ngong Road 4:10pm - Adams Arcade 4:15pm - Muchai Drive 4:20pm - Mbagathi/AP Camp 4:25pm - Madaraka 4:30pm - Muslim 4:40pm - Our Lady of Mercy 4:50pm - South B 4:55pm - Golden Gate 5:05pm - Airtel 5:15pm - Red Cross 5:25pm - Bellevue Primary 5:30pm - 5 Star

### SOUTH B/C

#### Evening

- 5:30pm School
- 5:45pm Valley Arcade
- 5:55pm Hurlingham
- 6:30pm Ngumo
- 6:45pm South C
- 7:15pm South B

### EASTLANDS

#### Morning

- 4:40am School
- 5:05am Kimathi Estate
- 5:15am Buruburu / Mesora / Uchumi
- 5:20am Jogoo Road
- 5:25am Donholm/Equity
- 5:40am Transami
- 5:50am City Cabanas
- 6:00am Bellevue
- 7:00am School

#### Evening

- 3:40pm School
- 3:50pm Kileleshwa
- 4:10pm Kimathi Estate
- 4:15pm Harambee
- 4:30pm Buruburu
- 4:40pm Jogoo Road
- 4:50pm Donholm/Equity
- 5:00pm Transami
- 5:20pm City Cabanas

### THIKA ROAD

#### Morning

5:40am - Kahawa Sukari 5:45am - Kasarani 5:50am - Uchumi Roasters 5:55am - Thome Avenue 6:00am - Balozi 6:05am - Post Bank 6:10am - Rock City 7:00am - School

- <u>Evening</u> 3:40pm School 4:00pm - Post Bank 4:15pm - Balozi 4:20pm - Garden Estate 4:30pm - Bypass 4:35pm - Ruaraka Academy 4:40pm - Thome Avenue 4:45pm - Uchumi / Roasters 4:55pm - Kasarani
- 5.00pm Githurai
- 5:10pm Kahawa Sukari



SCHOOL

COPYRIGHT 2018. STRATHMORE SCHOOL

#### SCHOOL CONTACTS

- Postal Address:
- Mobile numbers: (phone calls only) SMS only:

**@** E-mail:

Website:

Facebook:

P.O. Box 25095 Lavington, NAIROBI, 00603 0722 221221, 0718 222222, 0733 937945

0723 266449

**info@strathmore.ac.ke** (for admissions, administrative issues like changes of address, etc.)

www.strathmore.ac.ke Strathmoreschoolofficial